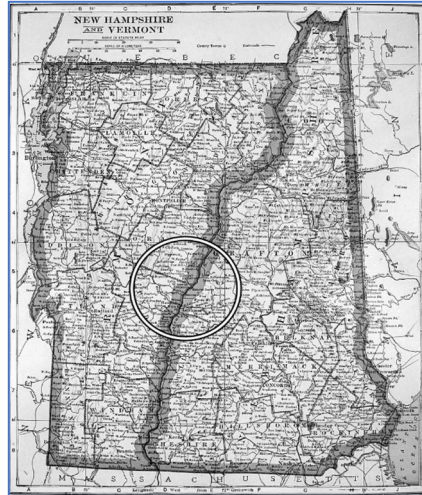


UPPER VALLEY AA MEETINGS

September 2026

Courtesy of VT District 5



A.A. PREAMBLE

Alcoholics Anonymous is a fellowship of people who share their experience, strength and hope with each other that they may solve their common problem and help others to recover from alcoholism. The only requirement for membership is a desire to stop drinking. There are no dues or fees for A.A. membership; we are self-supporting through our own contributions. A.A. is not allied with any sect, denomination, politics, organization or institution; does not wish to engage in any controversy, neither endorses nor opposes any causes. Our primary purpose is to stay sober and help other alcoholics to achieve sobriety.

Do you think you have a problem with alcohol?

Do you want to stop drinking but find that you cannot quit entirely, or you have little control over the amount you drink?

If you answered yes to either of these questions, there are numerous ways Alcoholics Anonymous can help.

WEBSITES

Upper Valley: uppervalleyaa.com

Vermont (Area 70): www.aavt.org

New Hampshire (Area 43): www.nhaa.net

AA General Service Office: www.aa.org

For confidential support, please contact us 24-hours a day.

In Vermont, call: (802) 802-AAVT (2288)

In New Hampshire, call: (800) 593-3330

Worried about someone with a drinking problem?

For Al-Anon, call

(888) 425 2666 in NH

(866) 972-5266 in VT

District 5 VT Business Meeting: 3rd Thursday of the month, 7:00 pm online; link at uppervalleyaa.com

Please send questions and meeting changes to uppervalleyaa@gmail.com or

Vermont District 5, P.O. Box 1275,

White River Junction, VT 05001

SUNDAY

Sunrise Serenity

6:30 am ONLINE

Keep It Simple

9:30 am ONLINE

Sunday Morning Reflections

9:45 am ONLINE

Sunday Morning Acceptance (Wilder VT)

The Turning Point, 200 Olcott Dr

11:00 am B, C, X, XB

Open Book Online

11:00 am ONLINE B, O

Enfield Sunday Night (NH)

Lutheran Church, Main St

7:00 pm B, O

The World's Not Fair Group (Tunbridge VT)

Parish House, 110 and Potash Hill Rd

7:00 pm O, LIT, D

Twin State Group Speaker Meeting (Wilder VT)

The Turning Point, 200 Olcott Dr

7:00 pm O, SP, X, XB

MONDAY

Morning Glory (Wilder VT)

The Turning Point, 200 Olcott Dr and ONLINE

9:00 am C, D, LIT, X, XB

Our Common Problem (Cook Conference Room)

Dartmouth Hitchcock Medical Center, 1 Medical Center Dr, Lebanon, NH 11:00 am O, DR

White River Noon Group (Wilder VT)

The Turning Point, 200 Olcott Dr Noon O, B, X, XB

Step Sisters (Norwich VT)

Norwich Congregational Church, 15 Church St.

6:00 pm ST, W

Secular Recovery (Bethel VT)

Bethel Arts Center, 257 Main St 7:00 pm D, O

Step Study Group (Grafton NH)

Millbrook Christian Fellowship, 201 Main St #4

7:00 pm D, O, ST

Hartland 3 Corners Unity Group (VT)

First Congregational Church, 10 Station Rd 7:00 pm C, D

Monday Night Group (Norwich VT)

St. Barnabas Episcopal Church, 262 Main St

8:00 pm D, O, SP

TUESDAY

Sunrise Serenity

7:30 am ONLINE

Woodstock Noon Meeting (VT)

St James Episcopal Church, 2 St James Pl, Noon D, O

White River Noon Group (Wilder VT)

The Turning Point, 200 Olcott Dr, Noon O, ST, X, XB

Upper Valley Women's Beginners

5:30 pm Online O, D, Lit

Tuesday Men's Meeting (Wilder VT)

The Turning Point, 200 Olcott Dr., 5:30 pm C, D, M, SP, X, XB

Natural Serenity Daily Reflections (Quechee VT)

The Club House in Tall Timbers Mobile Home Park,

291 Tall Timbers Dr, 6:00 pm DR, O

Thetford Hill Group (VT)

First Congregational Church,

2596 VT-113, 7:00 pm D, O

Tuesday Night Step Meeting (Randolph VT)

St. John's Church, 15 Summer St., 7:00 pm O, ST, X

Twin State Group Beginner's Meeting (Wilder VT)

The Turning Point, 200 Olcott Dr., 7:00 pm D, O, SP, X, XB

WEDNESDAY

Full Circle Meeting (Hanover NH)

In the basement of Aquinas House on the Dartmouth Campus, 2

Occom Ridge, Hanover NH

6:30 am D, LIT, O, X

Sunrise Serenity

7:30 am ONLINE

The 12 O'Clock Steppers (Bradford VT)

Congregational Church, 145 Main Street, Bradford,

Noon 12x12

White River Noon Group (Wilder VT)

The Turning Point, 200 Olcott Dr., Noon DR, X, XB

Big Book Step Study (Brownsville VT)

6:30 pm ONLINE

Wednesday Night Step Meeting

6:30 pm ONLINE

Sisters Not Saints (Quechee VT)

Quechee Public Library, 1957 Main St., 6:30 pm

D, LIT, O, W, X, XB

Wednesday Night Bethel Meeting (VT)

Parish House, 48 N Main St., 7:00 pm D, DR, LIT, LS, O

Over the Rainbow Meeting: LGBTQIA+ and Allies (Wilder)

The Turning Point, 200 Olcott Dr., 8:00 pm LGBTQ, X, XB

THURSDAY

Morning Glory (Wilder VT)

The Turning Point, 200 Olcott Dr and ONLINE 9:00am X, XB

Thursday Morning Group (Canaan NH)

United Methodist Church, 1140 US-4 11:00 am 12x12, O, ST

Norwich Noon Group (VT)

Norwich Congregational Church, 15 Church St.

Noon D, O, SP

VA Meeting (White River Junction VT)

Freedom Hall, Yazinski Building, 163 Veterans Dr.

6:00 pm O, D, SP, X, XB

Thursday Big Book (Wilder VT)

The Turning Point, 200 Olcott Dr., 6:00 pm B, D, O

Norwich Big Book Step Study (VT)

Norwich Congregational Church, 15 Church St., 7:00 pm B

Bradford Group (VT)

Orange East Senior Center, 176 Waits River Rd., 7:00 pm
D, O, SP

Wild Women of the North (Randolph VT)

St. John's Church, 15 Summer St., 7:00 pm C, D, W, X

Woodstock Men's 164 Group Our Lady of Snows Church, 7
South St., 7:00 pm, O, M, ST

Thursday Step Meeting (Lebanon NH)

TLC Family Resource Center, 24 Hanover Street, Lebanon NH. 7:00
pm. O, 12&12, D, ST

Living Sober Group (Hanover NH)

Church of Christ, 40 College St., 7:00 pm D, O, SP

FRIDAY**But a Symptom (Williamson 471)**

Dartmouth Hitchcock Medical Center, 1 Medical Center Dr, Lebanon,
NH 11:00 am O, DR

White River Noon Group 3&11 (Wilder VT)

The Turning Point, 200 Olcott Dr., Noon X, XB

New Beginnings (Hanover NH)

Richard W. Black Community Center – Community Lounge, 48
Lebanon Street, Hanover NH 5:30 pm SP, D, O

Big Book Step Study (Brownsville VT)

6:30 pm ONLINE

Enfield Friday Night Group (NH)

Lutheran Church, Main St. 7:00 pm D, O

Woodstock Village Open Discussion (VT)

Our Lady of Snows Church, 7 South St., 7:00 pm, D, O

Twin State Step Meeting (Wilder VT)

The Turning Point, 200 Olcott Dr., 7:00 pm ST, X, XB

TGIF Speaker Meeting (South Royalton VT)

United Church of Christ (the "Red Door Church")
67 S Windsor St 7:00 pm – 8:15 pm D, O, SP, X

SATURDAY**Full Circle (Hanover NH)**

In the basement of Aquinas House on the Dartmouth Campus,
2 Occom Ridge, Hanover NH. 7:30 am LIT, M

Taftsville Chapel Men's Meeting (VT)

Mennonite Chapel 121 Happy Valley Rd. 8:00 am M, SP, D

Saturday Morning Men's Meeting (WRJ VT)

LISTEN Center, 42 Maple St and ONLINE
8:30 am SP, C, D, M, X, XB

Women's New Life Group (Norwich VT)

Norwich Congregational Church, 15 Church St and ONLINE
9:00 am C, D, SP, X

Saturday Big Book Meeting (Canaan NH)

United Methodist Church, 1140 US-4, 11:00 am B, O

Family Meeting (Bethel VT)**Christ Church Parish House**

48 N Main St Bethel, VT 05032, Noon C, LGBTQ

High Nooners (White River Junction VT)

St Paul's Episcopal Church, 749 Hartford Ave.
and ONLINE, Noon D, DR, LIT, O

Randolph Meeting (VT)

Bethany UCC Church, 30 N Main St 6:30 pm D, O, X

Young Person's Meeting (Wilder VT)

The Turning Point, 200 Olcott Dr
8:00 pm SP, O. All ages Seasonal campfire

Windsor Fellowship (VT)

Trinity Evangelical Free Church, 44 Main St
7:00 pm D, SP

MEETING TYPES

O - This is an open meeting of Alcoholics Anonymous. All are welcome, especially newcomers. In keeping with our singleness of purpose and our Third Tradition which states that "the only requirement for membership is the desire to stop drinking," we ask that all who participate confine their discussion to their problems with alcohol.

C - This is a closed meeting of Alcoholics Anonymous. In support of A.A.'s singleness of purpose, attendance at closed meetings is limited to persons who have a desire to stop drinking. If you think you have a problem with alcohol, you are welcome to attend this meeting. We ask that when discussing our problems we confine ourselves to those problems as they relate to alcoholism.

12x12 12 Steps & 12 Traditions

B Big Book

D Discussion

DR Daily Reflections

LGBTQ LGBTQ

LIT Literature

LS Living Sober

M Men

SP Speaker

ST Step Study

W Women

X Wheelchair Access

XB Wheelchair-Accessible Bathroom