

UPDATED meeting list and LINKS
to ONLINE meetings at
uppervalleyaa.com

Please send questions and meeting changes to
uppervalleyaa@gmail.com or
Vermont District 5, P.O. Box 1275,
White River Junction, VT 05001

WEBSITES

Upper Valley: uppervalleyaa.com
Vermont (Area 70): www.aavt.org
New Hampshire (Area 43): www.nhaa.net
AA General Service Office: www.aa.org

District 5 VT Business Meeting: 3rd Thursday of the
month, 7:00 pm online; link at uppervalleyaa.com

MEETING TYPES

O - This is an open meeting of Alcoholics Anonymous.
All are welcome, especially newcomers. In keeping
with our singleness of purpose and our Third
Tradition which states that “the only requirement for
membership is the desire to stop drinking,” we ask
that all who participate confine their discussion to
their problems with alcohol.

C - This is a closed meeting of Alcoholics Anonymous.
In support of A.A.’s singleness of purpose, attendance
at closed meetings is limited to persons who have a
desire to stop drinking. If you think you have a
problem with alcohol, you are welcome to attend this
meeting. We ask that when discussing our problems
we confine ourselves to those problems as they relate
to alcoholism.

12x12 12 Steps & 12 Traditions, **B** Big Book,
D Discussion, **DR** Daily Reflections,
LGBTQ LGBTQ, **LIT** Literature, **LS** Living Sober, **M** Men,
SP Speaker, **ST** Step Study, **W** Women, **X** Wheelchair
Access, **XB** Wheelchair-Accessible Bathroom

Your Notes and Phone Numbers:

Do you think you have a problem
with alcohol?

Do you want to stop drinking but find that
you cannot quit entirely, or you have little
control over the amount you drink?

If you answered yes to either of these
questions, there are numerous ways
Alcoholics Anonymous can help.

**For confidential support, please contact us
24-hours a day.**

In Vermont, call

(802) 802-AAVT (2288)

In New Hampshire, call

(800) 593-3330

Worried about someone with a
drinking problem? For Al-Anon, call

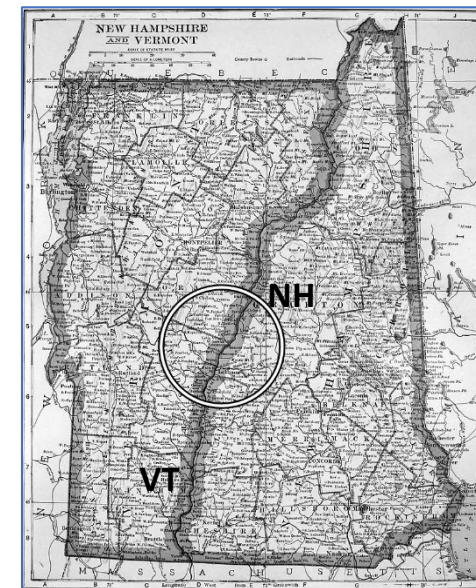
(888) 425 2666 in NH

(866) 972-5266 in VT

UPPER VALLEY AA MEETINGS

Summer 2024

Courtesy of VT District 5



A.A. PREAMBLE

Alcoholics Anonymous is a fellowship of people
who share their experience, strength and hope
with each other that they may solve their
common problem and help others to recover
from alcoholism.

The only requirement for membership is a
desire to stop drinking. There are no dues or
fees for A.A. membership; we are self-
supporting through our own contributions. A.A.
is not allied with any sect, denomination,
politics, organization or institution; does not
wish to engage in any controversy, neither
endorses nor opposes any causes. Our primary
purpose is to stay sober and help other
alcoholics to achieve sobriety.

SUNDAY

Sunrise Serenity

6:30 am ONLINE

Keep It Simple

9:30 am ONLINE

Sunday Morning Reflections

9:45 am ONLINE

Open Book Online

11:00 am ONLINE

Sunday Morning Acceptance (Wilder VT)

The Turning Point, 200 Olcott Dr

11:00 am B, C, X, XB

Enfield Sunday Night (NH)

Lutheran Church, Main St and ONLINE

7:00 pm B, O

The World's Not Fair Group (Tunbridge VT)

Parish House, 110 and Potash Hill Rd

7:00 pm O, LIT, D

Twin State Group Speaker Meeting (Wilder VT)

The Turning Point, 200 Olcott Dr

7:00 pm O, SP, X, XB

MONDAY

Morning Glory (Wilder VT)

The Turning Point, 200 Olcott Dr and ONLINE

9:00 am C, D, LIT, X, XB

White River Noon Group (Wilder VT)

The Turning Point, 200 Olcott Dr Noon O, B, X, XB

Step Study Group (Grafton NH)

Millbrook Christian Fellowship, 201 Main St #4

7:00 pm D, O, ST

Hartland 3 Corners Unity Group (VT)

First Congregational Church, 10 Station Rd 8:00 pm C, D

Monday Night Group (Norwich VT)

St. Barnabas Episcopal Church, 262 Main St

8:00 pm D, O, SP

TUESDAY

Sunrise Serenity

7:30 am ONLINE

Visit uppervalleyaa.com

for UPDATES, EVENTS and ONLINE LINKS

Woodstock Noon Meeting (VT)

St James Episcopal Church, 2 St James Pl, Noon D, O

White River Noon Group (Wilder VT)

The Turning Point, 200 Olcott Dr, Noon O, ST, X, XB

Upper Valley Women's Beginners

5:30 pm ONLINE

Tuesday Men's Meeting (Wilder, VT)

The Turning Point, 200 Olcott Dr.,5:30 pm C, D, M, SP, X, XB

Thetford Hill Group (VT)

First Congregational Church (aka Brick Church),

2596 VT-113, 7:00 pm D, O

Tuesday Night Step Meeting (Randolph, VT)

St. John's Church, 15 Summer St., 7:00 pm O, ST, X

Twin State Group Beginner's Meeting (Wilder, VT)

The Turning Point, 200 Olcott Dr., 7:00 pm D, O, SP, X, XB

WEDNESDAY

Full Circle Meeting (Hanover, NH)

In former AD fraternity building, 9 E Wheelock St

6:30 am D, LIT, O, X

Sunrise Serenity

7:30 am ONLINE

The 12-Steppers

Congregational Church, 145 Main Street, Bradford,

Noon 12x12

White River Noon Group (Wilder, VT)

The Turning Point, 200 Olcott Dr., Noon DR, X, XB

Big Book Step Study (Brownsville, VT)

6:30 pm ONLINE

Wednesday Night Step Meeting

6:30 pm ONLINE

Sisters Not Saints (Quechee, VT)

Quechee Public Library, 1957 Main St., 6:30 pm

D, LIT, O, W, X, XB

Wednesday Night Bethel Meeting (VT)

Parish House, 48 N Main St., 7:00 pm D, DR, LIT, LS, O, X

Over the Rainbow Meeting: LGBTQIA+ and Allies (Wilder, VT)

The Turning Point, 200 Olcott Dr., 8:00 pm LGBTQ, X, XB

THURSDAY

Morning Glory (Wilder, VT)

The Turning Point, 200 Olcott Dr and ONLINE 9:00am X, XB

Thursday Morning Group (Canaan, NH)

United Methodist Church, 1140 US-4 11:00 am 12x12, O, ST

Norwich Noon Group (VT)

Norwich Congregational Church, 15 Church St., Noon

D, O, SP

We Agnostics, Atheists & Freethinkers (Wilder, VT)

The Turning Point, 200 Olcott Dr and ONLINE

6:00 pm O, D, LIT, X, XB

VA Meeting (White River Jct, VT)

Freedom Hall, Yazinski Bldg, 163 Veterans Dr.

6:00 pm O, D, SP, X, XB

Norwich Big Book Step Study (VT)

Norwich Congregational Church, 15 Church St., 7:00 pm B

Bradford Group (VT)

Orange East Senior Center, 176 Waits River Rd., 7:00 pm

D, O, SP

Thursday Big Book Discussion

Congregational Church, Sharon 7:00 pm C, D, B

Wild Women of the North (Randolph, VT)

St. John's Church, 15 Summer St., 7:00 pm C, D, W, X

Living Sober Group (Hanover, NH)

Church of Christ, 40 College St., 7:30 pm D, O, SP

FRIDAY

Virtual 3&11

Noon ONLINE

White River Noon Group 3&11 (Wilder, VT)

The Turning Point, 200 Olcott Dr., Noon X, XB

New Beginnings (Hanover, NH)

St. Denis Church, Catholic Church, 5:30 pm SP, D, O

Big Book Step Study (Brownsville, VT)

6:30 pm ONLINE

Woodstock Village Open Discussion

Our Lady of Snows Church, 7 South St., 7:00 pm, D, O

Enfield Friday Night Group (NH)

Lutheran Church, Main St and ONLINE, 7:00 pm D, O

Twin State Step Meeting (Wilder, VT)

The Turning Point, 200 Olcott Dr., 7:00 pm ST, X, XB

TGIF Speaker Meeting (So. Royalton, VT)

United Church of Christ (the "Red Door Church"),

67 S Windsor St., 7:00 pm D, O, SP, X

SATURDAY

Full Circle (Hanover, NH)

In former AD fraternity building, 9 E Wheelock St

7:30 am LIT, M

Taftsville Chapel Men's Meeting (VT)

Mennonite Chapel 121 Happy Valley Rd. 8:00 am M, SP, D

Saturday Morning Men's Meeting (White River Jct, VT)

LISTEN Center, 42 Maple St and ONLINE 8:30 am

SP, C, D, M, X, XB

Women's New Life Group

Hybrid (Online + In-Person, Norwich, VT)

Norwich Congregational Church, 15 Church St and ONLINE

9:00 am C, D, SP, X

Saturday Big Book Meeting (Canaan, NH)

United Methodist Church, 1140 US-4, 11:00 am B, O

Family Meeting (Bethel, VT)

Arnold Block, 245 Main St., Noon C, LGBTQ

High Nooners (White River Jct, VT)

St Paul's Episcopal Church, 749 Hartford Ave.

and ONLINE, Noon D, DR, LIT, O

Randolph Meeting (VT)

Bethany UCC Church, 30 N Main St 6:30 pm D, O, X

Young Person's Meeting (Wilder, VT)

The Turning Point, 200 Olcott Dr

8:00 pm SP, O All ages Seasonal campfire

Saturday Night Drop-In

7:30 pm ONLINE

Windsor Fellowship (VT)

Trinity Evangelical Free Church, 44 Main St

8:00 pm D, SP